

RULES FOR PATIENTS UNDERGOING INTRAVENOUS SEDATION IN OFFICE

1. **Absolutely nothing** to eat or drink (**not even water**) for **six (6) hours prior** to your appointment.
2. You must be accompanied by a responsible adult because you will not be permitted to drive for twenty-four (24) hours after the medication is administered. Your driver is required to stay in the waiting room during your procedure.**
3. Please wear a short sleeve shirt or top so that the surgeon can access your arm to start the IV and administer the medication.
4. If you wear contact lenses, please remove them before your appointment.
5. If you use them, please remove lipstick and nail polish before your appointment.
6. If you use bronchial inhalers, please bring them with you.
7. If you are diabetic, please follow your prescribed medication instructions at all times.
8. Do not plan to return to work or operate any machinery for twelve (12) hours after your procedure.
9. If you are taking narcotic pain medication, do not operate a motor vehicle or other machinery/equipment.
10. Prior to your appointment, if you have normal/daily prescription medication(s), please take them with a very small amount of water.

**COVID-19 restrictions may require your driver to wait in the building lobby or in their car during your procedure.

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